DECOUPLING AND NEAR-OPTIMAL RESTRICTION ESTIMATES FOR CANTOR SETS

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ABSTRACT. For any $\alpha \in (0, d)$, we construct Cantor sets in \mathbb{R}^d of Hausdorff dimension α such that the associated natural measure μ obeys the restriction estimate $\|\widehat{fd\mu}\|_p \leq C_p \|f\|_{L^2(\mu)}$ for all $p > 2d/\alpha$. This range is optimal except for the endpoint. This extends the earlier work of Chen-Seeger and Shmerkin-Suomala, where a similar result was obtained by different methods for $\alpha = d/k$ with $k \in \mathbb{N}$. Our proof is based on the decoupling techniques of Bourgain-Demeter and a theorem of Bourgain on the existence of $\Lambda(p)$ sets.

1. INTRODUCTION

We define the Fourier transform

$$\widehat{f}(\xi) = \int e^{-2\pi i x \cdot \xi} f(x) dx \qquad \forall \xi \in \mathbb{R}^d.$$

If μ is a measure on \mathbb{R}^d , we will also write

$$\widehat{fd\mu}(\xi) = \int e^{-2\pi i x \cdot \xi} f(x) d\mu(x) \qquad \forall \xi \in \mathbb{R}^d.$$

We are interested in estimates of the form

(1)
$$\|\widehat{gd\mu}\|_p \le C \|g\|_{L^q(\mu)} \quad \forall g \in L^q(\mu),$$

where the constant may depend on the measure μ and on the exponents p, q, but not on f. If μ is a probability measure, we trivially have $\|\widehat{gd\mu}\|_{\infty} \leq \|g\|_{L^1(d\mu)} \leq \|g\|_{L^q(d\mu)}$, so that (1) holds with $p = \infty$ and all $q \in [1, \infty]$. In general, it is not possible to say more than that. However, the problem becomes more interesting if we restrict attention to specific well-behaved classes of measures.

There is a vast literature on restriction estimates for smooth manifolds (see e.g. [19], [22], [23] for an overview and a selection of references). It is well known that (1) cannot hold with $p < \infty$ (and any q) when μ is supported on a flat manifold such as a hyperplane. On the other hand, such estimates are possible if μ is the surface measure on a curved manifold M, with the range of exponents p, q depending on the geometry of M, in particular on its dimension, smoothness and curvature.

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In the model case when μ is the Lebesgue measure on the sphere $S^{d-1} \subset \mathbb{R}^d$, the classic Tomas-Stein theorem states that (1) holds with q = 2 and $p \geq \frac{2d+2}{d-1}$. It was furthermore conjectured by Stein that for $q = \infty$, the range of p could be improved to $p > \frac{2d}{d-1}$; this has been proved for d = 2, but remains open in higher dimension, with the current best results due to Guth [9], [10].

The conjectured range $p > \frac{2d}{d-1}$ for the sphere, if true, would be the best possible. This follows by letting $f \equiv 1$ and using the well known stationary phase asymptotics for $\widehat{d\mu}$. The range of p in the Tomas-Stein theorem is also known to be optimal. Here, the sharpness example is provided by the Knapp construction where f is the characteristic function of a small spherical cap of diameter $\delta \to 0$.

We are interested in the case when μ is a fractal measure on \mathbb{R}^d , singular with respect to Lebesgue. Here, again, additional assumptions are necessary to make nontrivial estimates of the form (1) possible. For example, if μ is the natural selfsimilar measure on the Cantor ternary set, an easy calculation shows that (1) cannot hold for any $p < \infty$. However, if we assume that μ obeys an additional Fourier decay condition, then the following result is known. Here and below, we use B(x, r) to denote the closed ball of radius r centered at x.

Theorem 1. Let μ be a Borel probability measure on \mathbb{R}^d . Assume that there are $\alpha, \beta \in (0, d)$ and $C_1, C_2 \geq 0$ such that

(2) $\mu(B(x,r)) \le C_1 r^{\alpha} \quad \forall x \in \mathbb{R}^d, r > 0,$

(3)
$$|\widehat{\mu}(\xi)| \le C_2 (1+|\xi|)^{-\beta/2} \quad \forall \xi \in \mathbb{R}^d$$

Then for all $p \ge (4d - 4\alpha + 2\beta)/\beta$, the estimate (1) holds with q = 2.

Theorem 1 is due to Mockenhaupt [16] and Mitsis [15] in the non-endpoint range; the endpoint was settled later by Bak and Seeger [1]. In the case $\alpha = \beta = d - 1$, this recovers the Tomas-Stein theorem for the sphere.

The range of exponents p in Theorem 1 is known to be the best possible in dimension 1, in the sense that for any $0 < \alpha \leq \beta < 1$, there exists a probability measure μ on \mathbb{R} , supported on a set of Hausdorff dimension α and obeying (2) and ((3), such that (1) fails for all $p < (4 - 4\alpha + 2\beta)/\beta$, see [12], [3]. The examples are based on a construction due to Hambrook and Laba [12]: the idea is to modify a random Cantor-type construction so as to embed a lower-dimensional Cantor subset that has much more arithmetic structure than the rest of the set. This can be viewed as an analogue of the Knapp example for fractal sets. A higher-dimensional variant of the construction with $d - 1 < \alpha \leq \beta < d$ is given in [13].

On the other hand, there exist specific measures on \mathbb{R}^d for which the range of exponents in (1) can be improved further. If μ is supported on a set of Hausdorff dimension $\alpha < d$, it is easy to see using energy integrals that (1) cannot hold outside

of the range $p \ge 2d/\alpha$, even if $q = \infty$. (See e.g. [12, Section 1]; the counterexample is provided by the function $f \equiv 1$.) It turns out that there are measures for which this range is in fact realized, with examples provided by Chen [2], Shmerkin and Suomala [17], and Chen and Seeger [4]. In particular, Chen and Seeger [4] proved that for $d \ge 1$ and $\alpha = d/k$, where $k \in \mathbb{N}$, there are measures supported on a set of Hausdorff dimension α , obeying (2) and (3) with $\beta = \alpha$, for which (1) holds for all $p \ge 2d/\alpha$. The proofs are based on regularity of convolutions: assuming that $\alpha = d/k$, the key intermediate step is to prove that the k-fold self-convolution $\mu * \cdots * \mu$ is absolutely continuous. This method, however, does not yield optimal exponents when $\alpha \neq d/k$ with integer k.

Our main result is as follows.

Theorem 2. Let $d \in \mathbb{N}$ and $0 < \alpha < d$. Then there exists a probability measure supported on a subset of $[0, 1]^d$ of Hausdorff dimension α such that:

• for every $0 < \gamma < \alpha$, there is a constant $C_1(\gamma)$ such that

(4)
$$\mu(B(x,r)) \le C_1(\gamma)r^{\gamma} \quad \forall x \in \mathbb{R}^d, \ r > 0$$

• for every $\beta < \min(\alpha/2, 1)$, there is a constant $C_2(\beta) > 0$ such that

(5)
$$|\widehat{\mu}(\xi)| \le C_2(\beta)(1+|\xi|)^{-\beta} \quad \forall \xi \in \mathbb{R}^d$$

• for every $p > 2d/\alpha$, we have the estimate

(6)
$$\|gd\mu\|_p \le C_3(p)\|g\|_{L^2(\mu)} \quad \forall g \in L^2(\mu).$$

This complements the results of [2], [4], [17], and provides a matching (except for the endpoint) result for all dimensions $0 < \alpha < d$ that are not of the form $\alpha = d/k$.

The first main ingredient of our construction is Bourgain's theorem on $\Lambda(p)$ sets [5] (see also Talagrand [20]). In its full generality, Bourgain's theorem applies to general bounded orthogonal systems of functions. We state it here in the specific case of exponential functions on the unit cube in \mathbb{R}^d . This provides an optimal restriction estimate on each single scale in the Cantor construction.

Theorem 3. (Bourgain [5]) Let p > 2. For every $N \in \mathbb{N}$ sufficiently large, there is a set $S = S_N \subset \{0, 1, \dots, N-1\}^d$ of size $t \ge c_0 N^{2d/p}$ such that

(7)
$$\|\sum_{a\in S} c_a e^{2\pi i a \cdot x}\|_{L^p[0,1]^d} \le C(p) (\sum_{a\in S} |c_a|^2)^{1/2}$$

with the constants c_0 and C(p) independent of N. (The set S is called a $\Lambda(p)$ -set.)

To pass from here to restriction estimates for multiscale Cantor sets, we use the decoupling techniques of Bourgain and Demeter [6], [7]. This produces localized restriction estimates of the form

(8)
$$\|\hat{f}\|_{L^{2}(\mu)} \leq C_{\epsilon} R^{\epsilon} \|f\|_{L^{p'}([-R,R]^{d})},$$

or equivalently by duality,

(9)
$$\|\widehat{g}d\widehat{\mu}\|_{L^p([-R,R]^d)} \le C_{\epsilon}R^{\epsilon}\|g\|_{L^2(\mu)}$$

for all $\epsilon > 0$, with constants independent of R. The R^{ϵ} factors account for the fact that we lose a constant factor at each step of the iteration. We will try to minimize these losses by applying Bourgain's theorem to an increasing sequence of values of N, but we will not be able to avoid them completely.

Finally, we use a variant of Tao's epsilon removal lemma [21] to deduce the global restriction estimate (6) from (8). This removes the R^{ϵ} factors, but at the cost of losing the endpoint exponent $p = 2d/\alpha$. It is not clear whether the endpoint estimate can be obtained with our current methods.

Our proof of the localized restriction estimate (8) is fully deterministic. However, the epsilon removal lemma requires a pointwise Fourier decay estimate for μ . Randomizing our construction enables us to prove the estimate (5) via an argument borrowed from [14], [17]. This proves the Fourier decay part of Theorem 2, and is also sufficient to complete the epsilon removal argument.

If $d \leq 2$, or if $d \geq 2$ and $\alpha \geq d-2$, the Cantor set supporting μ in Theorem 2 is a Salem set (i.e. its Fourier dimension is equal to its Hausdorff dimension). The condition $\alpha \geq d-2$ is necessary for this type of constructions to produce a Salem set, for the same reasons as in [17]. We note, however, that our proof of (6) with $p > 2d/\alpha$ does not require optimal Fourier decay and that the estimate (5) for any $\beta > 0$ would suffice.

2. The decoupling machinery

We will use the decoupling machinery developed by Bourgain and Demeter [6], [7]. In this paper, we will follow the conventions of [7], with the surface measure on a paraboloid replaced by the natural measure on a Cantor set.

We use $X \leq Y$ to say that $X \leq CY$ for some constant C > 0, and $X \approx Y$ to say that $X \leq Y$ and $X \geq Y$. The constants such as C, C', etc. and the implicit constants in \leq may change from line to line, and may depend on d and p, but are independent of variables or parameters such as x, N, R, j, ℓ . For quantities that depend on parameters such as ϵ , we will write $X(\epsilon) \leq_{\epsilon} Y(\epsilon)$ as shortcut for "for every $\epsilon > 0$ there is a constant $C_{\epsilon} > 0$ such that $X(\epsilon) \leq C_{\epsilon}Y(\epsilon)$."

We write $[N] = \{0, 1, ..., N - 1\}$ and $B(x, r) = \{y \in \mathbb{R}^d : |x - y| \leq r\}$. We use $|\cdot|$ to use the Euclidean (ℓ^2) norm of a vector in \mathbb{R}^d , the cardinality of a finite set, or the *d*-dimensional Lebesgue measure of a subset of \mathbb{R}^d , depending on the context. Occasionally, we will also use the ℓ^{∞} norm on \mathbb{R}^d : if $x = (x_1, \ldots, x_d) \in \mathbb{R}^d$, we write $|x|_{\infty} = \max(|x_1|, \ldots, |x_d|)$. We will also sometimes use \mathcal{F} for the Fourier transform, so that $\mathcal{F}f = \widehat{f}$.

Following [7], we will use cube-adjusted weights. An *R*-cube will be a *d*-dimensional cube of side length R, with all sides parallel to coordinate hyperplanes. Unless stated otherwise, we will assume *R*-cubes to be closed. If *I* is an *R*-cube centered at *c*, we define $\int_{-100}^{-100} dt \, dt$

$$w_I(x) = \left(1 + \frac{|x-c|}{R}\right)^{-10}$$

and

$$\|F\|_{L^{p}_{\sharp}(w_{I})} = \left(\frac{1}{|I|}\int |F|^{p}w_{I}\right)^{1/p}.$$

If $\eta : \mathbb{R} \to [0, \infty)$ is a function (usually Schwartz), and I is as above, we will write

$$\eta_I(x) = \eta\left(\frac{x-c}{R}\right).$$

If $g : \mathbb{R} \to \mathbb{C}$ is a function, I is an interval, and σ is a measure (which will usually be clear from context), we will write

$$E_I g = \mathcal{F}^{-1}(\mathbf{1}_I g d\sigma).$$

We will use the following tools from Bourgain-Demeter, which we restate here in a version adapted to our setting.

Lemma 1. (Reverse Hölder inequality, [7, Corollary 4.2]). Let $1 \le p \le q$. If I is a 1/R-cube and J is an R-cube, then

(10)
$$||E_Ig||_{L^q_{\#}(w_J)} \lesssim ||E_Ig||_{L^p_{\#}(w_J)}$$

with the implicit constant independent of R, I, J, g.

Lemma 2. $(L^2$ decoupling, [7, Proposition 6.1]). Let I be a k/R-cube for some $k \in \mathbb{N}$, and let $I = I_1 \cup \cdots \cup I_k$ be a tiling of I by 1/R-cubes disjoint except for their boundaries. Then for any R-cube J we have

(11)
$$\|E_I g\|_{L^2(w_J)}^2 \lesssim \sum_j \|E_{I_j} g\|_{L^2(w_J)}^2$$

Lemma 3. (Band-limited functions are locally constant, cf. [8, §2.2]) There is a non-negative function $\eta \in L^1(\mathbb{R}^d)$ such that the following holds. For every R > 0, and every integrable function $h : \mathbb{R}^d \to \mathbb{C}$ supported on a 1/*R*-cube *I*, there is a function $H : \mathbb{R} \to [0, \infty)$ such that:

- *H* is constant on each semi-closed *R*-cube $J_{\nu} := R\nu + [0, R)^d$, $\nu \in \mathbb{Z}^d$,
- $|\hat{h}(x)| \leq H(x) \leq (|\hat{h}| * \eta_R)(x)$ for all $x \in \mathbb{R}$, where $\eta_R(y) = \frac{1}{R^d} \eta(\frac{y}{R})$. In particular,

(12)
$$\|H\|_{L^1(\mathbb{R}^d)} \le \|\eta\|_{L^1(\mathbb{R}^d)} \|h\|_{L^1(\mathbb{R}^d)}.$$

Proof. Replacing h by $h(\cdot - c)$ and $\hat{h}(x)$ by $e^{-2\pi i c \cdot x} \hat{h}(x)$ if necessary, we may assume that $I = [0, \frac{1}{R}]^d$. Let χ be a non-negative Schwartz function such that $\chi \equiv 1$ on $[0, 1]^d$ and that $\hat{\chi}(x)$ is non-negative, radially symmetric and decreasing in |x|. Then $\chi(R \cdot) \equiv 1$ on I, and $\widehat{\chi(R \cdot)} = \frac{1}{R^d} \widehat{\chi}(\frac{\cdot}{R})$. Define

$$\eta(x) := \sup_{|y-x|_{\infty} \le 1} \widehat{\chi(y)}$$

and

$$H(x) := \sup\{|\widehat{h}(y)|: x, y \text{ belong to the same } J_{\nu}\}.$$

Clearly, η is integrable and H is constant on each J_{ν} . We have $|\hat{h}(x)| \leq H(x)$ by definition. To prove the second inequality, we note that $h = h\chi(R\cdot)$, so that $\widehat{h} = \widehat{h} * \widehat{\chi(R\cdot)}$. Suppose that $x \in J_{\nu}$ for some $\nu \in \mathbb{Z}^d$, then for each $y \in J_{\nu}$ we have

$$|\widehat{h}(y)| \leq \int |\widehat{h}(z)| \frac{1}{R^d} \widehat{\chi}(\frac{y-z}{R}) dz$$

Since $|x - y|_{\infty} \leq R$, we have $|\frac{y-z}{R} - \frac{x-z}{R}|_{\infty} = |\frac{y-x}{R}|_{\infty} \leq 1$, so that by the definition of η we have $\eta(\frac{x-z}{R}) \geq \hat{\chi}(\frac{y-z}{R})$. Hence

$$|\widehat{h}(y)| \le \int |\widehat{h}(z)| \frac{1}{R^d} \eta(\frac{x-z}{R}) dz = (|\widehat{h}| * \eta_R)(x),$$

and the desired inequality follows upon taking the supremum over $y \in J_{\nu}$. Finally, by Fubini's theorem and rescaling we have

$$\|H\|_{L^{1}(\mathbb{R}^{d})} \leq \|\widehat{h}\|_{L^{1}(\mathbb{R}^{d})} \|\eta_{R}\|_{L^{1}(\mathbb{R}^{d})} = \|\widehat{h}\|_{L^{1}(\mathbb{R}^{d})} \|\eta\|_{L^{1}(\mathbb{R}^{d})}.$$

Corollary 1. For every R > 0, $M \in \mathbb{N}$, every integrable function $h : \mathbb{R}^d \to \mathbb{C}$ supported on an $(MR)^{-1}$ -cube I, and every R-cube J, we have

(13)
$$\|\widehat{h}\|_{L^1(w_J)} \lesssim \frac{1}{M^d} \|\widehat{h}\|_{L^1(\mathbb{R}^d)}.$$

Proof. Let $L_{\nu} = MR\nu + [0, MR)^d$ for $\nu \in \mathbb{Z}^d$. Let H be the function provided by Lemma 3 with R replaced by MR, so that on each L_{ν} we have $H(x) \equiv H_{\nu}$ for some

constant $H_{\nu} \geq 0$. Then

$$\begin{split} \|\widehat{h}\|_{L^{1}(w_{J})} &\leq \int H(x)w_{J}(x)dx = \sum_{\nu} H_{\nu} \int_{L_{\nu}} w_{J}(x)dx \\ &\leq \sum_{\nu} H_{\nu} \int_{\mathbb{R}} w_{J}(x)dx \\ &= \sum_{\nu} H_{\nu} R^{d} \int_{\mathbb{R}} w_{[0,1]^{d}}(x)dx. \end{split}$$

Let $C_1 := \int_{\mathbb{R}^d} w_{[0,1]^d}(x) dx$, then

$$\begin{split} \|\widehat{h}\|_{L^{1}(w_{J})} &\leq C_{1} \sum_{\nu} H_{\nu} R^{d} = \frac{C_{1}}{M^{d}} \sum_{\nu} H_{\nu} (MR)^{d} \\ &= \frac{C_{1}}{M^{d}} \int_{\mathbb{R}} H(x) dx \\ &\lesssim \frac{1}{M^{d}} \|\widehat{h}\|_{L^{1}(\mathbb{R}^{d})}, \end{split}$$

where at the last step we used (12).

3. SINGLE-SCALE DECOUPLING

We begin with a single-scale decoupling inequality for Cantor sets with $\Lambda(p)$ alphabets. We will need the following "continuous" version of Theorem 3.

Lemma 4. Let p > 2, and let $S \subset [N]^d$ be as in Theorem 3. Then for all h supported on $E := S + [0, 1]^d$ we have the inequality

(14)
$$\|\widehat{h}\|_{L^{p}([0,1]^{d})} \lesssim C(p) \|h\|_{L^{2}(\mathbb{R}^{d})}$$

Proof. We have

$$\begin{aligned} \left\| \sum_{a \in S} c_a e^{2\pi i a \cdot x} \right\|_{L^p([0,1]^d)} &= \sup_{\|f\|_{L^{p'}([0,1]^d)} = 1} \left\langle f, \sum_{a \in S} c_a e^{2\pi i a \cdot x} \right\rangle \\ &= \sup_{\|f\|_{L^{p'}([0,1]^d)} = 1} \left\langle \widehat{f}, \sum_{a \in S} c_a \delta_a \right\rangle \\ &= \sup_{\|f\|_{L^{p'}([0,1]^d)} = 1} \sum_{a \in S} c_a \widehat{f}(a) \end{aligned}$$

By (7), it follows that

$$\sup_{\|c_a\|_{\ell^2(S)}=1} \sup_{\|f\|_{L^{p'}([0,1]^d)}=1} \sum_{a \in S} c_a \widehat{f}(a) \le C(p),$$

so that

$$\|\widehat{f}(a)\|_{\ell^2(S)} \le C(p) \|f\|_{L^{p'}([0,1]^d)}$$

Similarly, for any translate S + z of S we have

$$\|\widehat{f}(a)\|_{\ell^2(S+z)} \le C(p) \|f\|_{L^{p'}([0,1]^d)}$$

Integrating in $z \in [0, 1]^d$, we get

(15)
$$\|\widehat{f}\|_{L^{2}(E)}^{2} = \int_{[0,1]^{d}} \|\widehat{f}(a)\|_{\ell^{2}(S+z)} dz \leq C(p)^{2} \|f\|_{L^{p'}([0,1]^{d})}^{2}.$$

Arguing again by duality, we have

$$\begin{aligned} \|\widehat{f}\|_{L^{2}(E)} &= \sup_{\|g\|_{L^{2}(E)}=1} \int g \mathbf{1}_{E} \widehat{f} dx \\ &= \sup_{\|g\|_{L^{2}(E)}=1} \int \mathcal{F}(g \mathbf{1}_{E}) f dx \end{aligned}$$

Using (15), and taking the supremum over f with $||f||_{L^{p'}([0,1]^d)} \leq 1$, we get

 $\|\mathcal{F}(g\mathbf{1}_E)\|_{L^p([0,1]^d)} \lesssim C(p) \|g\|_{L^2(E)},$

which is (14) with $h = g \mathbf{1}_E$.

We note that the conclusion of Lemma 4 remains true if we assume that h is supported on $S + [-1/2, 3/2]^d$ instead of E. This is proved by writing h as a sum of 2^d functions supported on translates of E and applying Lemma 4 to each of them.

We can now prove our first decoupling inequality.

Lemma 5. Let $S \subset [N]^d$ be a $\Lambda(p)$ -set as in Theorem 3, and let $E = S + [0,1]^d$. Let $f : \mathbb{R} \to \mathbb{C}$ be a function such that $g := \widehat{f} = is$ supported on E. For each $a \in S$, let $g_a = g \mathbf{1}_{a+[0,1]^d}$, and define f_a via $\widehat{f}_a = g_a$. Then

(16)
$$||f||_{L^{p}(w_{I})}^{2} \lesssim C(p)^{2} \sum_{a \in S} ||f_{a}||_{L^{p}(w_{I})}^{2}$$

for any 1-cube I.

Proof. We first rewrite the right-hand side of (16) using Lemmas 2 and 1 with σ equal to the Lebesgue measure. We have

$$E_{a+[0,1]^d}g = \widehat{g_a} = f_a, \quad E_{[0,N]^d}g = \widehat{g} = f,$$

so that

$$||f||^2_{L^2(w_I)} \approx \sum_{a \in S} ||f_a||^2_{L^2(w_I)} \approx \sum_{a \in S} ||f_a||^2_{L^p(w_I)}.$$

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Therefore to prove (16), it suffices to prove that

(17)
$$||f||_{L^{p}(w_{I})}^{2} \lesssim C(p)^{2} ||f||_{L^{2}(w_{I})}^{2}$$

Let η be a nonnegative Schwartz function such that $\eta(x) = \eta(-x), \eta \ge 1$ on $[-1, 1]^d$ and $\operatorname{supp} \widehat{\sqrt{\eta}} \subset [-\frac{1}{2}, \frac{1}{2}]^d$. We will prove that

(18)
$$||f||_{L^p(I)}^2 \lesssim C(p)^2 ||f||_{L^2(\eta_I)}^2$$

for every 1-cube I. By a covering argument [7, Lemma 4.1], this implies (17).

We may assume that $I = [0, 1]^{\overline{d}}$. (If $I = z + [0, 1]^d$], we may replace f by $f_z = f(\cdot + z)$ and observe that $\widehat{f}_z(\xi) = e^{2\pi i z \cdot \xi} \widehat{f}(\xi)$ is again supported in E.) Let $h = g * (\sqrt{\eta})^{\cdot}$, so that $\widehat{h} = f\sqrt{\eta}$ and h is supported on $S + [-1/2, 3/2]^d$. Since $\sqrt{\eta} \ge 1$ on $[0, 1]^d$, we have $\|f\|_{L^p([0,1]^d)} \le \|f\sqrt{\eta}\|_{L^p([0,1]^d)}$. By Lemma 4 and the remark after its proof applied to h,

$$\|f\sqrt{\eta}\|_{L^{p}([0,1]^{d})} \lesssim C(p)\|h\|_{L^{2}(\mathbb{R})} = \|f\sqrt{\eta}\|_{L^{2}(\mathbb{R})} = \|f\|_{L^{2}(\eta)}$$

as claimed.

4. The Cantor set construction

Our proof of Theorem 2 is based on the construction of a "multiscale $\Lambda(p)$ " Cantor set of dimension α . Let $\alpha \in (0, d)$, $p = 2d/\alpha$, and let $\{n_j\}_{j \in \mathbb{N}}$ be a sequence of positive integers. For the construction of the measure μ in Theorem 2, we will assume the following conditions on n_i :

(19)
$$n_1 \leq n_2 \leq \ldots, \quad n_k \to \infty,$$

(20)
$$\forall \epsilon > 0 \; \exists C_{\epsilon} > 0 \; \forall k \in \mathbb{N} \; n_{k+1} \leq C_{\epsilon} (n_1 \dots n_k)^{\epsilon}.$$

However, large parts of our proof work under weaker assumptions. In particular, our localized restriction estimate in Lemma 8 continues to hold if $n_j = n$ for all j. We also note here that in order for (20) to hold, it is enough to assume that (19) holds and that n_j grow slowly enough, for example

(21)
$$\frac{n_{j+1}}{n_j} \le \frac{j+1}{j}$$

will suffice.

For each $j \in \mathbb{N}$, let

$$\Sigma_j = \Sigma_j(n_j, t_j, c_0, C(p)) = \{ S \subset [n_j]^d : |S| = t_j \text{ and } (7) \text{ holds with } N = n_j \}$$

By Theorem 3, there are $c_0, C(p) > 0$ (independent of j) and t_j with $t_j \ge c_0 n_j^{2d/p}$ such that Σ_j is non-empty for all j. Henceforth, we fix these values of $c_0, C(p)$ and t_j . By the well known upper bounds on the size of $\Lambda(p)$ sets (see [5]), we must in fact have

(22)
$$c_0 n_j^{2d/p} \le t_j \le c_1 n_j^{2d/p}$$

for some constant c_1 independent of j.

Let $N_k = n_1 \dots n_k$ and $T_k = t_1 \dots t_k$. We construct a Cantor set E of Hausdorff dimension α as follows. Define

$$A_1 = N_1^{-1} S_1, \quad E_1 = A_1 + [0, N_1^{-1}]^d$$

for some $S_1 \in \Sigma_1$. For every $a \in A_1$, choose a $\Lambda(p)$ set $S_{2,a} \in \Sigma_2$ with $|S_{2,a}| = t_2$, and let

$$A_{2,a} = a + N_2^{-1} S_{2,a}, \quad A_2 = \bigcup_{a \in A_1} A_{2,a}, \quad E_2 = A_2 + [0, N_2^{-1}]^d.$$

We continue by induction. Let $k \ge 2$, and suppose that we have defined the sets A_j and E_j , j = 1, 2, ..., k. For every $a \in A_k$, choose $S_{k+1,a} \in \Sigma_{k+1}$ with $|S_{k+1,a}| = t_{k+1}$, and let

$$A_{k+1,a} = a + N_{k+1}^{-1} S_{k+1,a}, \quad A_{k+1} = \bigcup_{a \in A_k} A_{k+1,a}, \quad E_{k+1} = A_{k+1} + [0, N_{k+1}^{-1}]^d.$$

This produces a sequence of sets $[0,1]^d \supset E_1 \supset E_2 \supset E_3 \supset \ldots$, where each E_j consists of T_j cubes of side length N_j^{-1} . For each j, let

$$\mu_j = \frac{1}{|E_j|} \mathbf{1}_{E_j}.$$

We will identify the functions μ_j with the absolutely continuous measures $\mu_j dx$. It is easy to see that μ_j converge weakly as $j \to \infty$ to a probability measure μ supported on the Cantor set $E_{\infty} := \bigcap_{j=1}^{\infty} E_j$. We note that for each N_j^{-1} -cube τ of E_j , and for all $\ell > j$, we have $\mu_j(\tau) = \mu_\ell(\tau) = \mu(\tau) = T_j^{-1}$.

For the time being, the specific choice of the sets $A_{k,a}$ does not matter, as long as they are $\Lambda(p)$ -sets of the prescribed cardinality. Our multiscale decoupling inequality in Proposition 1 and the localized restriction estimate in Corollary 2 do not require any additional conditions. However, additional randomization of these choices will become important later in proving our global restriction estimate.

Lemma 6. Assume that (19) and (20) hold. Then the set E_{∞} has Hausdorff dimension α . Moreover, for every $0 \leq \gamma < \alpha$ there is a constant $C_1(\gamma)$ such that

(23) $\mu(B(x,r)) \le C_1(\gamma)r^{\gamma} \quad \forall x \in \mathbb{R}^d, \ r > 0.$

Proof. We first note that (19), (20) and (22) imply that

(24) $N_{j+1}^{\alpha-2\epsilon} \lesssim_{\epsilon} N_j^{\alpha-\epsilon} \lesssim_{\epsilon} T_j \lesssim_{\epsilon} N_j^{\alpha+\epsilon} \lesssim_{\epsilon} N_{j-1}^{\alpha+2\epsilon}.$

Indeed, from (22) we have $c_0^j N_j^{\alpha} \leq T_j \leq c_1^j N_j^{\alpha}$, which implies $N_j^{\alpha-\epsilon} \lesssim_{\epsilon} T_j \lesssim_{\epsilon} N_j^{\alpha+\epsilon}$ by (19). The remaining two inequalities in (24) follow from (20).

We first prove (23). If $r > N_1^{-1}$, then (23) holds trivially with $C_1 = N_1^{\gamma}$. Suppose now that $N_{j+1}^{-1} < r \le N_j^{-1}$ for some $j \ge 1$. Then any ball B(x, r) intersects at most a bounded number of the N_j^{-1} -cubes of E_j , so that $\mu(B(x, R)) \le T_j^{-1} \le_{\gamma} N_{j+1}^{-\gamma} \le r^{\gamma}$ for all $\gamma < \alpha$ (the second inequality in the sequence follows from (24)).

To prove the dimension statement, we only need to show that E_{∞} has Hausdorff dimension at most α , since the lower bound is provided by (23). To this end, it suffices to check that for every $\epsilon > 0$, and for all r > 0, the set E_{∞} can be covered by $C_{\epsilon}r^{-\alpha-\epsilon}$ balls of radius r. Again, it suffices to consider $r > N_1^{-1}$. Suppose that $N_{j+1}^{-1} < r \leq N_j^{-1}$, then $E_{\infty} \subset E_{j+1}$ can be covered by $\lesssim T_{j+1}$ balls of radius N_{j+1}^{-1} , hence also of radius r. Since $T_{j+1} \lesssim_{\epsilon} N_j^{\alpha+\epsilon} \leq r^{-\alpha-\epsilon}$, the desired bound follows. \Box

5. Multiscale decoupling

Our goal in this section is to derive the following multiscale decoupling inequality for finite iterations of Cantor sets. For $a \in A_k$, let $\tau_{k,a} = a + [0, N_k^{-1}]^d$. If $f : \mathbb{R}^d \to \mathbb{C}$ is a function, we define $f_{k,a}$ via $\widehat{f_{k,a}} = \mathbf{1}_{\tau_{k,a}}\widehat{f}$.

Proposition 1. There is a constant $C_0(p)$ (independent of k) such that for any N_k -cube J, and for any function f with $supp \widehat{f} \subseteq E_k$, we have

(25)
$$\left(\sum_{I\in\mathcal{I}} \|f\|_{L^{p}(w_{I})}^{p}\right)^{1/p} \leq C_{0}(p)^{k} \left(\sum_{a\in A_{k}} \|f_{k,a}\|_{L^{p}(w_{J})}^{2}\right)^{1/2}$$

where $J = \bigcup_{I \in \mathcal{I}} I$ is a tiling of J by 1-cubes.

Proof. The idea is to iterate Lemma 5. Applying it to the set $N_1 \cdot E_1$ and a rescaling of f by N_1 , we see that there is a constant $C_1(p)$ such that for any function f with supp $\widehat{f} \subseteq E_1$, and for any N_1 -cube J, we have

(26)
$$\|f\|_{L^{p}(w_{J})}^{2} \leq C_{1}(p)^{2} \sum_{a \in A_{1}} \|f_{1,a}\|_{L^{p}(w_{J})}^{2}.$$

Similarly, applying Lemma 5 to a rescaling of $f_{j,a}$ by N_{j+1} for each $a \in A_j$, we see that for any N_{j+1} -cube J and for any function f with supp $\widehat{f} \subseteq E_{j+1}$ we have

(27)
$$\|f_{j,a}\|_{L^p(w_J)}^2 \le C_1(p)^2 \sum_{b \in A_{j+1,a}} \|f_{j+1,b}\|_{L^p(w_J)}^2$$

with the same constant $C_1(p)$.

To connect the steps of the iteration, we will need a simple lemma on mixed norms.

Lemma 7. Let $\{c_{ij}\}$ be a double-indexed sequence (finite or infinite) with $c_{ij} \ge 0$. Then for p > 2,

(28)
$$\sum_{i} \left(\sum_{j} c_{ij}^{2}\right)^{p/2} \leq \left(\sum_{j} \left(\sum_{i} c_{ij}^{p}\right)^{2/p}\right)^{p/2}.$$

Proof. Let $F_j(i) = c_{ij}^2$, and $G(i) = \sum_j F_j(i) = \sum_j c_{ij}^2$, so that

$$||G||_{p/2} = \left(\sum_{i} \left(\sum_{j} c_{ij}^{2}\right)^{p/2}\right)^{2/p}.$$

On the other hand, by Minkowski's inequality

$$||G||_{p/2} \le \sum_{j} ||F_j(i)||_{p/2} = \sum_{j} \left(\sum_{i} c_{ij}^p\right)^{2/p},$$

and the lemma follows.

We will prove (25) by induction in k. For an m-cube J with $m \in \mathbb{N}$, let $J = \bigcup_{I \in \mathcal{I}(J)} I$ be a tiling of J by 1-cubes. Let C_2 be a constant such that

(29)
$$\sum_{I \in \mathcal{I}(J)} w_I \le C_2 w_J.$$

It is easy to see that such a constant exists and can be chosen independently of |J|. We will prove that (25) holds with $C_0(p) = C_1(p)C_2^{1/p}$.

To start the induction, let J be an N_1 -cube, then by (29) and (26),

$$\sum_{I \in \mathcal{I}(J)} \|f\|_{L^{p}(w_{I})}^{p} \leq C_{2} \|f\|_{L^{p}(w_{J})}^{p}$$
$$\leq C_{1}(p)^{p} C_{2} \Big(\sum_{a \in A_{1}} \|f_{1,a}\|_{L^{p}(w_{J})}^{2}\Big)^{p/2}$$

This is (25) for k = 1. Suppose now that we have proved (25) for k = j. Let J be an N_{j+1} -cube, and let $J = \bigcup_{L \in \mathcal{L}} I$ be a tiling of J by N_j -cubes. Then

$$\sum_{I \in \mathcal{I}(J)} \|f\|_{L^{p}(w_{I})}^{p} = \sum_{L \in \mathcal{L}} \sum_{I \in \mathcal{I}(L)} \|f\|_{L^{p}(w_{I})}^{p}$$
$$\leq C_{0}(p)^{jp} \sum_{L \in \mathcal{L}} \left(\sum_{a \in A_{j}} \|f_{j,a}\|_{L^{p}(w_{L})}^{2}\right)^{p/2}$$

by our inductive assumption. Using Lemma 7, a rescaling of (29), and (27), we see that

$$\sum_{I \in \mathcal{I}(J)} \|f\|_{L^{p}(w_{I})}^{p} \leq C_{0}(p)^{jp} \left[\sum_{a \in A_{j}} \left(\sum_{L \in \mathcal{L}} \|f_{j,a}\|_{L^{p}(w_{L})}^{p} \right)^{2/p} \right]^{p/2}$$
$$\leq C_{0}(p)^{jp} C_{2} \left[\sum_{a \in A_{j}} \|f_{j,a}\|_{L^{p}(w_{J})}^{2} \right]^{p/2}$$
$$\leq C_{0}(p)^{jp} C_{2} C_{1}(p) \left[\sum_{a \in A_{j+1}} \|f_{j+1,a}\|_{L^{p}(w_{J})}^{2} \right]^{p/2}$$

This ends the inductive step and the proof of the proposition.

6. FROM DECOUPLING TO LOCALIZED RESTRICTION

Lemma 8. Let E_k and μ_k be as in Section 5. Let J be an N_k -cube. Then for all $g \in L^2(d\mu)$, we have

$$\|\widehat{gd\mu}\|_{L^p(J)} \lesssim C_0(p)^k N_k^{d/p} T_k^{-1/2} \|g\|_{L^2(d\mu)}$$

with the implicit constants independent of k.

Proof. It suffices to prove that for all $\ell > k$, and for all $g \in L^2(\mathbb{R})$ supported on E_{ℓ} , we have

$$\|\widehat{gd\mu_{\ell}}\|_{L^{p}(J)} \lesssim C_{0}(p)^{k} N_{k}^{d/p} T_{k}^{-1/2} \|g\|_{L^{2}(d\mu_{\ell})}$$

with the implicit constants independent of k and ℓ . The claim then follows by taking the limit $\ell \to \infty$.

We continue to use the Cantor set notation from Sections 4 and 5. For $a \in A_j$, let $g_{j,a} = \mathbf{1}_{a+[0,+N_j^{-1}]^d}g$. By Proposition 1 and Lemma 1, we have

$$\begin{aligned} \|\widehat{gd\mu_{\ell}}\|_{L^{p}(J)} &\lesssim C_{0}(p)^{k} \Big(\sum_{a \in A_{k}} \|\widehat{g_{k,a}d\mu_{\ell}}\|_{L^{p}(w_{J})}^{2} \Big)^{1/2} \\ &\approx C_{0}(p)^{k} N_{k}^{\frac{d}{p}-\frac{d}{2}} \Big(\sum_{a \in A_{k}} \|\widehat{g_{k,a}d\mu_{\ell}}\|_{L^{2}(w_{J})}^{2} \Big)^{1/2} \end{aligned}$$

For each $a \in A_k$, let $B_{\ell,a}$ be the set of ℓ -th level "descendants" of a (more precisely, $B_{\ell,a} = \{b \in A_\ell : b + [0, N_\ell^{-1}]^d \subset a + [0, N_k^{-1}]^d\}$. Note that $|B_{\ell,a}| = T_\ell/T_k$. By Cauchy-Schwartz,

$$\|\widehat{g_{\ell,a}d\mu_{\ell}}\|_{L^{2}(w_{J})} \leq \sum_{b \in B_{\ell,a}} \|\widehat{g_{\ell,b}d\mu_{\ell}}\|_{L^{2}(w_{J})} \leq \left(\frac{T_{\ell}}{T_{k}}\right)^{1/2} \left(\sum_{b \in B_{\ell,a}} \|\widehat{g_{\ell,b}d\mu_{\ell}}\|_{L^{2}(w_{J})}^{2}\right)^{1/2}$$

so that

$$\begin{split} \|\widehat{gd\mu_{\ell}}\|_{L^{p}(J)} &\lesssim C_{0}(p)^{k} N_{k}^{\frac{d}{p}-\frac{d}{2}} \left(\frac{T_{\ell}}{T_{k}}\right)^{1/2} \left(\sum_{b \in A_{\ell}} \|\widehat{g_{\ell,b}d\mu_{\ell}}\|_{L^{2}(w_{J})}^{2}\right)^{1/2} \\ &\lesssim C_{0}(p)^{k} N_{k}^{\frac{d}{p}-\frac{d}{2}} \left(\frac{T_{\ell}}{T_{k}}\right)^{1/2} \left(\frac{N_{k}}{N_{\ell}}\right)^{d/2} \left(\sum_{b \in A_{\ell}} \|\widehat{g_{\ell,b}d\mu_{\ell}}\|_{L^{2}(\mathbb{R})}^{2}\right)^{1/2}. \end{split}$$

At the last step, we applied Corollary 1 to the functions $(g_{\ell,b}d\mu_{\ell})(\cdot) * (g_{\ell,b}d\mu_{\ell})(-\cdot)$ supported on $2N_{\ell}^{-1}$ -cubes.

Since

$$\sum_{b \in A_{\ell}} \|\widehat{g_{\ell,b}d\mu_{\ell}}\|_{L^{2}(\mathbb{R})}^{2} = \sum_{b \in A_{\ell}} \|g_{\ell,b}d\mu_{\ell}\|_{L^{2}(\mathbb{R})}^{2}$$
$$= \|gd\mu_{\ell}\|_{L^{2}(\mathbb{R})}^{2} = N_{\ell}^{d}T_{\ell}^{-1}\|g\|_{L^{2}(\mu_{\ell})}^{2}$$

we finally have

$$\begin{aligned} \|\widehat{gd\mu_{\ell}}\|_{L^{p}(J)} &\lesssim C_{0}(p)^{k} N_{k}^{\frac{d}{p}-\frac{1}{2}} \left(\frac{T_{\ell}}{T_{k}}\right)^{1/2} \left(\frac{N_{k}}{N_{\ell}}\right)^{d/2} \left(\frac{N_{\ell}^{d}}{T_{\ell}}\right)^{1/2} \|g\|_{L^{2}(\mu_{\ell})} \\ &= C_{0}(p)^{k} N_{k}^{d/p} T_{k}^{-1/2} \|g\|_{L^{2}(d\mu_{\ell})} \end{aligned}$$

as claimed.

Corollary 2. (Localized restriction estimate) Assume that (19) holds. Then for any $\epsilon > 0$ we have the estimate

(30)
$$\|\widehat{gd\mu}\|_{L^p(J)} \le C_{\epsilon} R^{\epsilon} \|g\|_{L^2(d\mu)}.$$

for all $R \ge n_1$ and for all R-cubes J. The constant C_{ϵ} depends on ϵ , but not on g, R or J. Equivalently, for any f supported in J, we have

(31)
$$\|\widehat{f}\|_{L^2(d\mu)} \le C_{\epsilon} R^{\epsilon} \|f\|_{L^{p'}(J)}.$$

Proof. Suppose that $N_k < R \leq N_{k+1}$, and let J' be an N_{k+1} -cube containing J. By Lemma 8 and (19), we have

$$\begin{aligned} \|\widehat{gd\mu}\|_{L^{p}(J)} &\leq \|\widehat{gd\mu}\|_{L^{p}(J')} \lesssim C_{0}(p)^{k+1} N_{k+1}^{d/p} T_{k+1}^{-1/2} \|g\|_{L^{2}(d\mu)} \\ &\lesssim C_{0}(p)^{k+1} N_{k+1}^{d/p} \left(c_{0}^{k+1} N_{k+1}^{2d/p}\right)^{-1/2} \|g\|_{L^{2}(d\mu)} \\ &\lesssim \left(C_{0}(p) c_{0}^{-1/2}\right)^{k+1} \|g\|_{L^{2}(d\mu)} \\ &\lesssim_{\epsilon} R^{\epsilon} \|g\|_{L^{2}(d\mu)} \end{aligned}$$

as claimed. The second part (31) follows by duality.

7. GLOBAL RESTRICTION ESTIMATE

Proposition 2. Assume that n_k obey (19) and (20). Suppose furthermore that $\hat{\mu}$ obeys a pointwise decay estimate

$$(32) \qquad \qquad |\widehat{\mu}(x)| \lesssim (1+|x|)^{-\beta}$$

for some $\beta > 0$. Then for any q > p we have the estimate

(33)
$$\|gd\mu\|_{L^q(\mathbb{R})} \lesssim \|g\|_{L^2(d\mu)}$$

The implicit constant depends on the measure μ and on q, but not on g. Equivalently,

(34)
$$||f||_{L^2(d\mu)} \lesssim ||f||_{L^{q'}(\mathbb{R})}.$$

To prove this, we adapt Tao's epsilon-removal argument, see [21, Theorem 1.2]. It suffices to prove Lemma 9 below; once this is done, the proof of the proposition is completed exactly as in [21], with Lemma 9 replacing Tao's Lemma 3.2.

Lemma 9. Assume that n_k, t_k, μ are as in Theorem 2, and let R > 0 be large enough. Suppose that $\{I_1, \ldots, I_M\}$ is a sparse collection of *R*-cubes, in the sense that their centers x_1, \ldots, x_M are $R^B M^B$ -separated for some large enough constant *B* (depending on β). Then for any *f* supported on $\bigcup_{j=1}^M I_j$, we have

$$\|\widehat{f}\|_{L^2(d\mu)} \lesssim_{\epsilon} R^{C\epsilon} \|f\|_{L^{p'}(\mathbb{R})}.$$

Here and below, the constant C in the exponent may depend on B, and may change from line to line, but is independent of R, M, ϵ , or f.

Proof. We follow the outline of Tao's argument, with modifications necessary to adapt it to our setting. We first note the following estimate: if f is supported in an R-cube J with $R \leq N_{\ell}$, then

(35)
$$\|\widehat{f}\|_{L^2(d\mu_\ell)} \lesssim_{\epsilon} R^{\epsilon} \|f\|_{L^{p'}(J)}.$$

The implicit constant depends on ϵ , but not on f, R or J. This is proved as in Lemma 8 and Corollary 2, except that we do not take the limit $\ell \to \infty$ in the proof of Lemma 8.

Let $k \in \mathbb{N}$ be such that $N_k \leq R < N_{k+1}$. We have $|E_k| = T_k N_k^{-d}$; by (24), this implies that

(36)
$$R^{\frac{2d}{p}-d-\epsilon} \lesssim_{\epsilon} |E_k| \lesssim_{\epsilon} R^{\frac{2d}{p}-d+\epsilon}$$

Let $f = \sum f_i \phi_i$, where $\operatorname{supp} f_i \subset I_i$ and $\phi_i = \phi_{I_i}$ for a fixed Schwartz function ϕ such that $\phi \ge 0$, $\phi \ge 1$ on $[-1, 1]^d$, and $\operatorname{supp} \widehat{\phi} \subset [-1, 1]^d$. Note that $\widehat{\phi}_i(x) = R^d \widehat{\phi}(Rx)$, and in particular $\widehat{\phi}_i$ is supported in $[-R^{-1}, R^{-1}]^d$. Then

$$\widehat{f} = \sum \widehat{\phi_i f_i} = \sum \widehat{\phi_i} * \widehat{f_i}.$$

By the support properties of $\widehat{\phi}_i$, for $x \in E$ we actually have

$$\widehat{f}(x) = \sum \widehat{\phi}_i * (\widehat{f}_i \, \mathbf{1}_{E_k})(x),$$

where we abuse the notation slightly and use E_k to denote both the k-th stage set from the Cantor iteration and a CN_k^{-1} -neighbourhood of E. This is harmless since either set can be covered by a bounded number of translates of the other.

We claim that the following holds: for all $r \in [1, 2]$, and for any collection of functions $F_1, \ldots, F_M \in L^2(\mathbb{R}^d)$, we have

(37)
$$\left\|\sum_{i} F_{i} \ast \widehat{\phi}_{i}\right\|_{L^{2}(\mu)}^{r} \lesssim_{\epsilon} R^{C\epsilon} |E_{k}|^{-r/2} \sum_{i} \|F_{i}\|_{L^{2}(\mathbb{R}^{d})}^{r}.$$

Assuming the claim (37), we complete the proof of the lemma as follows. Let $F_i = \hat{f}_i \mathbf{1}_{E_k}$, and observe that

$$|E_k|^{-r/2} ||F_i||_{L^2(\mathbb{R}^d)}^r = ||\widehat{f}_i||_{L^2(\mu_k)}^r.$$

Applying (37) to F_i with r = p', and then using (35), we get

$$\begin{split} \|\widehat{f}\|_{L^{2}(d\mu)}^{p'} &= \left\|\sum_{i} F_{i} \ast \widehat{\phi_{i}}\right\|_{L^{2}(\mu)}^{p'} \lesssim_{\epsilon} R^{C\epsilon} |E_{k}|^{-p'/2} \sum_{i} \|F_{i}\|_{L^{2}(\mathbb{R}^{d})}^{p'} \\ &\lesssim_{\epsilon} R^{C\epsilon} \sum_{i} \|\widehat{f}_{i}\|_{L^{2}(\mu_{k})}^{p'} \\ &\lesssim_{\epsilon} R^{C\epsilon} \sum_{i} \|f_{i}\|_{L^{p'}(\mathbb{R}^{d})}^{p'} \\ &\approx R^{C\epsilon} \|f\|_{L^{p'}(\mathbb{R}^{d})}^{p'} \end{split}$$

as required.

It remains to prove (37). We will do so by interpolating between r = 1 and r = 2. For r = 1, it suffices to prove that for each i,

(38)
$$\|F_i * \widehat{\phi}_i\|_{L^2(\mu)} \lesssim_{\epsilon} R^{C\epsilon} |E_k|^{-1/2} \|F_i\|_{L^2(\mathbb{R}^d)},$$

since this implies (37) by triangle inequality. To prove (38), we interpolate between L^1 and L^{∞} estimates. First, we have by Fubini's theorem

$$\begin{aligned} \|F_i * \widehat{\phi}_i\|_{L^1(\mu)} &\leq \iint |F_i(x-y)| \, |\widehat{\phi}_i(y)| dy \, d\mu(x) \\ &= \int |F_i(u)| \, \left(\int |\widehat{\phi}_i(v-u)| d\mu(v) \right) du \\ &\lesssim R^d \sup_x \mu(x + [-R^{-1}, R^{-1}]^d) \|F_i\|_{L^1(\mathbb{R}^d)} \\ &\lesssim_{\epsilon} R^d R^{-\frac{2d}{p} + \epsilon} \|F_i\|_{L^1(\mathbb{R}^d)} \\ &\lesssim_{\epsilon} R^{C\epsilon} |E_k|^{-1} \|F_i\|_{L^1(\mathbb{R}^d)} \end{aligned}$$

where at the last step we used (36). Interpolating this with the pointwise bound

$$\sup_{x} |F_i * \widehat{\phi}_i(x)| \le ||F_i||_{L^{\infty}(\mathbb{R}^d)} ||\widehat{\phi}_i||_{L^1(\mathbb{R}^d)} \lesssim ||F_i||_{L^{\infty}(\mathbb{R}^d)}$$

we get (38).

To complete the argument, we need to prove (37) with r = 2. Define the functions g_i via $\widehat{g}_i = F_i$, so that $||g_i||_{L^2(\mathbb{R})} = ||F_i||_{L^2(\mathbb{R})}$ and $F_i * \widehat{\phi}_i = \widehat{g_i \phi_i}$. We thus need to prove that

(39)
$$\left\|\sum_{i} \widehat{g_{i}\phi_{i}}\right\|_{L^{2}(\mu)}^{2} \lesssim_{\epsilon} R^{C\epsilon} |E_{k}|^{-1} \sum_{i} \|g_{i}\|_{L^{2}(\mathbb{R}^{d})}^{2}.$$

By translational invariance and the rapid decay of $\hat{\phi}_i$, it suffices to prove (39) with $\hat{\phi}_i$ replaced by $\mathbf{1}_{B_i}$. Let \mathcal{R} be the operator $\mathcal{R}(h) = \hat{h}|_E$. By Corollary 2, \mathcal{R} is a bounded operator from $L^{p'}(J)$ to $L^2(\mu)$ for any bounded cube J (with norm depending on J). We have to prove that

$$\left\| \mathcal{R}(\sum_{i} g_{i} \mathbf{1}_{I_{i}}) \right\|_{L^{2}(\mu)} \lesssim_{\epsilon} R^{C\epsilon} |E_{k}|^{-1/2} \Big(\sum_{i} \|g_{i}\|_{L^{2}(\mathbb{R}^{d})}^{2} \Big)^{1/2}$$

By the T^*T argument, it suffices to prove that

$$\left(\sum_{i} \left\| \mathbf{1}_{I_{i}} \mathcal{R}^{*} \mathcal{R}\left(\sum_{j} g_{j} \mathbf{1}_{I_{j}}\right) \right\|_{L^{2}(\mathbb{R}^{d})}^{2} \right)^{1/2} \lesssim_{\epsilon} R^{C\epsilon} |E_{k}|^{-1} \left(\sum_{i} \|g_{i}\|_{L^{2}(\mathbb{R}^{d})}^{2}\right)^{1/2}$$

By Schur's test, this follows from

(40)
$$\sup_{j} \sum_{i} \left\| \mathbf{1}_{I_{i}} \mathcal{R}^{*} \mathcal{R} \mathbf{1}_{I_{j}} h \right\|_{L^{2}(\mathbb{R}^{d})} \lesssim_{\epsilon} R^{C\epsilon} |E_{k}|^{-1} \|h\|_{L^{2}(\mathbb{R}^{d})}.$$

We claim that

(41)
$$\|\mathbf{1}_{I_i}\mathcal{R}^*\mathcal{R}\mathbf{1}_{I_i}h\|_{L^2(\mathbb{R}^d)} \lesssim_{\epsilon} R^{C\epsilon}|E_k|^{-1}\|h\|_{L^2(\mathbb{R}^d)}$$

and

(42)
$$\left\|\mathbf{1}_{I_i}\mathcal{R}^*\mathcal{R}\mathbf{1}_{I_j}h\right\|_{L^2(\mathbb{R}^d)} \lesssim M^{-2}\|h\|_{L^2(\mathbb{R}^d)}, \quad i \neq j,$$

with constants independent of i, j. Together, these two imply (40).

We first prove (41), By Lemma 2, Hölder's inequality, and by (36), we have

$$\begin{aligned} \|\mathcal{R}\mathbf{1}_{I_{i}}h\|_{L^{2}(d\mu)} &\lesssim_{\epsilon} R^{\epsilon} \|\mathbf{1}_{I_{i}}h\|_{L^{p'}(\mathbb{R}^{d})} \\ &\lesssim_{\epsilon} R^{C\epsilon}R^{\frac{d}{2}-\frac{d}{p}}\|h\|_{L^{2}(\mathbb{R}^{d})} \\ &\lesssim_{\epsilon} R^{C\epsilon}|E_{k}|^{-1/2}\|h\|_{L^{2}(\mathbb{R}^{d})} \end{aligned}$$

This implies (41) by the T^*T argument with a fixed *i*.

For $i \neq j$, we note that $\mathcal{R}^*\mathcal{R}h = h * \hat{\mu}$, so that $\mathbf{1}_{I_i}\mathcal{R}^*\mathcal{R}\mathbf{1}_{I_j}$ is an integral operator with the kernel

$$K_{ij}(x,y) = \mathbf{1}_{I_i}(x)\mathbf{1}_{I_j}(y)\widehat{\mu}(x-y).$$

By (32), $\int |K(x,y)| dy \leq |I_j| M^{-B\beta} R^{-B\beta} \leq M^{-2}$ if B was chosen large enough depending on β . The claimed estimate (42) now follows from Schur's test.

8. Fourier decay

To complete the proof of Theorem 2, it now suffices to prove that the Cantor set in Section 4 can be constructed so that (19), (20), and (5) all hold. Since (5) implies (32), the restriction estimate (6) will follow from Proposition 2.

In all our intermediate results so far, it did not matter how the $\Lambda(p)$ alphabet sets $S_{k,a}$ were chosen, as long as they had the prescribed cardinalities. Here, however, it is crucial to randomize the choice of $S_{k,a}$.

Theorem 4. Let $\{n_k\}_{k\in\mathbb{N}}$ and $\{t_k\}_{k\in\mathbb{N}}$ be two deterministic sets of integers such that (19), (20), (22) all hold, and that Σ_k is non-empty for each k (as provided by Bourgain's theorem). Let $\{\mu_k\}_{k\in\mathbb{N}\cup\{0\}}$ be a sequence of random measures on $[0,1]^d$ such that:

- $\mu_0 = \mathbf{1}_{[0,1]^d}$,
- μ_1, μ_2, \ldots are constructed inductively via the iterative process described in Section 4,

• for each $k \in \mathbb{N}$, the sets $S_{k,a}$ are chosen randomly and independently from Σ_k , with probability distribution such that

(43)
$$\mathbb{E}(\mu_k(x)|E_n) = \mu_{k-1}(x) \quad \forall x \in [0,1]^d$$

Then the limiting Cantor measure μ almost surely obeys all conclusions of Theorem 2.

An example of a random construction of μ_k that meets the condition (43) is as follows. Choose n_k and t_k as indicated in the theorem (recall that for (20) to hold, it suffices to assume (21)). For each $k \in \mathbb{N}$, choose a $\Lambda(p)$ set $B_k \subset [n_k]^d$ such that $|B_k| = t_k \ge c_0 n_k^{2d/p}$ and (7) holds with $n = n_k$, for some $c_0, C(p)$ independent of k. Let

$$\mathcal{B}_{k} = \{ B_{k,v} : v \in [n_{k}]^{d} \}, \quad B_{k,v} \subset [n_{k}]^{d}, \quad B_{k,v} = v + B_{k} \mod (n_{k}\mathbb{Z})^{d}$$

Then $\mathcal{B}_k \subset \Sigma_k(n_k, t_k, c_0, 2^d C(p))$, since any function supported on $B_{k,v}$ is a sum of at most 2^d functions supported on translates of B_k .

Set $A_0 = \{0\}$. Let now $k \ge 1$, and assume that A_{k-1} has been constructed. For each $a \in A_{k-1}$, choose a random $v(k, a) \in [n_k]^d$ so that $\mathbb{P}(v(k, a) = v) = n_k^{-d}$ for each $v \in [n_k]^d$ and the choices are independent for different $a \in A_{k-1}$. Let $S_{k,a} = B_{k,v(a)}$, a "random translate" of B_k , and continue the construction as in Section 4. Then (43) holds by translational averaging, and all other assumptions of the theorem hold with C(p) replaced by $2^d C(p)$.

Instead of using random translates of a single set B_k for each k, we could choose a set $B_{k,a} \in \Sigma_k$ for each $a \in A_{k-1}$, then let $S_{k,a} = B(k,a) + v(k,a) \mod (n_k \mathbb{Z})^d$, where v(k,a) is a random translation vector in $[n_k]^d$ as above, chosen independently of $B_{k,a}$ and independently of the choices made for all other a. Bourgain's theorem [5] shows that a generic subset of $[N]^d$ of size about $N^{-2d/p}$ is a $\Lambda(p)$ set, so that Σ_k (with an appropriate choice of c_0 and C(p)) should be large for most values of t_j in the indicated range, providing many sets available for the construction. Other variants are possible.

We now turn to the proof of the theorem.

Proof. By Lemma 6, $E_{\infty} = \operatorname{supp} \mu$ has Hausdorff dimension α , and μ obeys (4) for all $0 < \gamma < \alpha$. The Fourier decay estimate (5) is proved by a calculation almost identical to that in [14, Section 6] for a special case in dimension 1, and in [17, Theorem 14.1] (see also [18, Theorem 4.2]) for more general measures in higher dimensions. The proof in [17, Theorem 14.1] can be followed here almost word for word, except for the trivial changes in parameters to allow a variable sequence $\{n_j\}$ instead of a constant one (see e.g. [3]). It is easy to check that the proof goes through as long as

$$\log N_{k+1} \lesssim_{\epsilon} N_k^{\epsilon}, \ k \in \mathbb{N}.$$

Since $\log N_{k+1} = \log N_k + \log n_{k+1} \lesssim_{\epsilon} N_k^{\epsilon} + n_{k+1}^{\epsilon}$, this is a weaker condition than (20).

Finally, the restriction estimate (6) holds by Proposition 2 and by (5).

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