

(102)

Theorem of Bonnet-Myers

M : complete. $\text{Ric}_p(v) \geq \frac{1}{r^2} > 0, \forall p, v \in T_p M$
Then M is compact and the diameter $\leq \pi r$.

PF

M complete
 $\exists \gamma$: minimizing geodesic. $\gamma(0) = p, \gamma(1) = q$

We only need to show: $l(\gamma) \leq \pi r$
(complete + bounded \Rightarrow compact)

If $l(\gamma) > \pi r$. let $e_1(t), \dots, e_{n-1}(t)$
be parallel o.n. fields along γ
and $e_j(t) \perp \gamma'(t)$.

$$\text{Set } e_n(t) = \gamma'(t) / l$$

$$V_j(t) = (\sin \pi t) e_j(t), \quad j = 1, \dots, n-1$$

$$\therefore V_j(0) = 0 = V_j(1)$$

So V_j generate proper variations of γ
with energy $E_j(t)$.

By 2nd variation formula of E ,